

3 Games to Boost Memory

I Like To...

This game is similar to the shopping list game, each player adds an activity they like to do when it is their turn.

Example: Tom likes to run, I like to swim.

Keep going and see how many you can remember!

I Packed My Suitcase:

For this game you take it in turns to add items to the suitcase, but you have to do it in the order of the alphabet!

Example: Player 1 - I packed an apple in my suitcase.

Player 2 - I packed an apple and a book in my suitcase.

The tricky part is that you need to remember and list all of the items before you can add a new one. If you get stuck, use the alphabet to help you! Try and make it to the end of the alphabet to win the game.

Coin Patterns:

Start this game with 3 coins, as the game continues you can add more. One player needs to place the coins in a line, in a certain pattern, whether it be mixing bronze and silver coins or heads and tails. Once the pattern is ready the other player can look at it for 10 seconds and then close their eyes while the other player mixes the coins up. The aim of the game is to recreate the pattern that you saw first, as the game continues you can make it harder by adding more coins, see how far you can get!