

What to do when I lose a game.

Think of a game to play with a family member. For example, hide and seek, charades or Kim's game etc.

How you feel when you win they game?

How do you feel when you lose?

Read the card below with a family member and talk about you feel when you lose. Practice saying these phrases to someone or to yourself in a mirror. It will be easier for you to use them after the game. Good luck but remember it is the taking part that counts.



Helpful things to say to the winner

Tell the winner they played well.

Smile at them.

Ask if they would like to play again or soon.