

## Eye Contact Game

It is important for us to look at people when we talk to them, but it can sometimes be a bit uncomfortable. Play this fun 👁️😊 game to encourage eye contact and it will become much easier to do.

### I-Contact

Making eye contact while talking to others is both a good manner and a positive character trait. Practice the good habit with kids from an early age.

**Supplies:**

Stickers that look like eyes

**Directions:**

- You might look like a funny clown when you're doing this activity but trust us; eye contact is such a desirable quality in kids that you will thank us later!
- Play this game when you are at home, on a lazy day. Stick a pair of eye stickers on your forehead.
- Encourage them to look at the stickers and talk. Kids often fail to make eye contact and talk, so this will be a task that they'll take time to master.
- This social skill activity is a great way to train kids to look in the right direction in a funny, yet less threatening way!

