WORCESTERSHIRE VIRTUAL SCHOOL GAMES

SPEED ENDURANCE PRIMARY SCHOOL CHALLENGE: 1 – 5TH JUNE 2020

This competition is a test of speed, rhythm & coordination.

- Roll up a towel and place it on a hard surface
- See how many jumps you can do over the towel from side to side. You must start with 2 feet and land with 2 feet.
- Both feet must land over the towel to count as a bounce!

Primary Challenge:

- If you are in Reception, Year 1 or Year 2 - how many jumps can you do in 20 seconds?
- If you are in Year 3 or Year 4 - how many jumps can you do in 30 seconds?
- If you are in Year 5 or Year 6 - how many jumps can you do in 40 seconds?
- Make a note of your first attempt and your best attempt

How to Enter:

All entries must be submitted via the link below. Entries to the 'Speed Bounce Challenge' will close at 5PM on Friday 5th June.

https://www.activehw.co.uk/forms/view/speed-bounce1

Results:

Please tune in for our Worcestershire Virtual School Games Week taking place every day between Monday 6th - Friday 10th July 2020 at 10.30am via Zoom/YouTube. Results for the Speed Bounce competition will be announced on Tuesday 7th July!

Inclusivity:

School Games is for everyone. For activity adaptions, please contact our Lead Inclusion School for the county at: ct167@chadsgrove.worcs.sch.uk.

Social Media:

We would love to see your participation in any of the Worcestershire Virtual School Games Activities. Tag us on Twitter & use #WorcsVirtualSG

#WorcsVirtualSG

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