







# Redditch School Games Bingo

Football skills challenge – record your best keepy-up score. Use any object you can find – it doesn't have to be a football!!	Active Maths – use some dice to create your own Physical Task game, one dice showing exercises to try, the other by showing the number of those exercises you should do	School Games Active Champions – find the YST App 'TopYa'. Challenge your friends and have some fun – <a href="https://topya.com/">https://topya.com/</a> Ask parents to set up an account using the invite code 23880 	Personal Challenge – can you juggle? Teach yourself and challenge yourself to get better. Try using different items to juggle with. Are some harder than others?	Research – find out about the national sports of ten different countries
Visit <a href="http://www.yourschoolgames.com">www.yourschoolgames.com</a> and try the Dodgeball #stayinworkout activity card 	Orienteering skills challenge. Hide some objects around your house/garden then make some clues or a map for someone in your family to find the objects	Art – find all the natural materials you can outside and make a sports collage	Personal challenge – how many times can you bounce a ball in one minute? How many times can you throw and catch a tennis ball in the air in 1 minute. Try to beat your scores	Active Maths – can you create an estimating game with a scoring system, include bonus points too – try jumping, throwing or basketball bouncing
Active Maths – Estimate the length of your rooms, your garden or your path in jumps – then find out if you were right	Research – find out about your favourite sports star; create a portrait of them	Skills challenge linked to Sports Day at school – can you recreate your school sports day at home?	Visit <a href="http://www.yourschoolgames.com">www.yourschoolgames.com</a> and try the judo #stayinworkout activity card 	Athletics skills challenge – set up a circuit of running, jumping and throwing in your garden
Make a poster explaining why doing activities is good for your brain and body	Active Literacy – can you use your body to create the shapes of all the letters of the alphabet?	Active Maths – can you create an orienteering course outside using the 4 compass points, clockwise/anticlockwise, number of paces to walk....set a challenge for your family	Art – create a plan and a poster for your school sports day	Visit <a href="http://www.yourschoolgames.com">www.yourschoolgames.com</a> and try the Boccia #stayinworkout activity card 

## Bingo Activity key

Active Maths

Active Literacy

Personal Challenge

Skills

Research

Art

School Games 