

I CHALLENGE YOU!

Vaynor First School – Miss Sparkes' Home family challenges

Creative challenge

Use the resources in your house to make a musical instrument. You could even start your own band. Could you write your own song or rap to go with it? Why not record it and send you your family or friends to make them smile.



Outdoor Challenge

Make a fitness routine and put your family through their paces. You could make an obstacle course or fitness challenge. Time yourself and order your scores to see who the champion is! How many activities can you complete in a set time?



Kindness challenge

How many chores can you do today? Make a list of chores and see if you can complete them during the week without being asked! Can



you strip your bed? Wash up after dinner? Put your clothes away?

Art Challenge

Collect some natural materials from your garden or from your walk (socially distancing) and make some artwork.



Building challenge

Who can build the biggest tower using everyday objects you can find in your house? Can you make it taller than yourself? Remember to put all the objects back again!



Arts and crafts challenge

Shadow drawings

Make the most of the sun and make some artwork using objects.



These are optional home challenges. Hopefully, these will keep you busy and smiling! Take lots of photos to show us! New challenges each week.