



As a school we would hope that we would always be your first port of call to be able to help and support you with any worries or concerns that you may have during this time. Just send us a message requesting help via the MyEd app and one of our leaders will get back to you.

I also want to make you aware of **Here2Help Worcestershire**. This is a countrywide campaign coordinated by Worcestershire County Council that has been set up to ensure that everyone can access the help and support that they need, during the Covid-19 pandemic.

<http://www.worcestershire.gov.uk/here2help>

**HERE 2 HELP
WORCESTERSHIRE**



The link to the website above is really worth **everyone** having a look as it contains a wealth of information including advice and resources to help families to entertain and educate their children as well as support for both children's and adults mental health and wellbeing.

In addition to this you can request help by completing a **short on-line form** on the website, or via a dedicated phone number: **01905 768053**, which is open from **8am to 8pm seven days a week**. Each request received is picked up by a Worcestershire County Council or Worcestershire Children First member of staff, who will work with you, to provide you with the appropriate information and support.

This includes providing advice and support to families where:

- The financial situation in the household has changed and parents are struggling to be able to feed their family
- Parents might be struggling to cope without their usual support networks, to help look after children and keep them entertained
- The isolation and loneliness, are bringing increasing stress and anxiety for children, young people and parents.

For **vulnerable households who may be self-isolating** and don't have available family, friends and neighbours to support them **Here2 Help** can also help you to access food and medicine through one of their network of volunteers.

Individuals, groups and organisations can also offer to help with this project by completing a short on-line form on the website.