

# I CHALLENGE YOU!

## Vaynor First School – Miss Sparkes' Home family challenges

### PTA challenge



#### Plastic bottle project

You need to use recycled plastic bottles to get creative and create some flower designs. These will then be used to make a 'Thank you NHS' display organised by our PTA. Please see Vaynor First School PTA Facebook group, for further information about collection points.

### Kindness Challenge



#### Make Kindness rocks

You will need rocks and paint. You could paint some rocks with positive, motivational quotes and pictures to hide around your local area.

Can you spot any on your daily exercises?

### Well-being challenge



#### Kindness notes

You will need paper, a white wax crayon or a candle and some felt tip pens

Make some secret notes to give to family members to tell them how much you are thankful for them or love them. Write a secret note onto the card shape with either a white wax crayon or a candle. Give the note to someone. To make your magic message appear colour over the secret message with a felt tip pen.

### Random acts of kindness Challenge



#### Make your own kindness jar

You will need a jar, paper and pens.

Can you fill your jar with acts of kindness? Leave your jar empty and every time you do something kind or someone is kind to you, add the action into the jar. It could be a competition between you and your siblings. Who can do the most acts of kindness? This is just like our kindness buckets in school.

### Bird feeder challenge



Using recyclable materials, you can find in your house, can you make a bird feeder for your garden? You can decorate it in any way you want, the brighter the better. Now put it in your garden and watch the birds visit for a snack.

### Lego challenge



#### Make a Lego Zip line

Using Lego bricks and a piece of string, can you make a Lego zip line?

Explore different designs, do they all travel at the same speed? What happens if you change the angle of the string? What happens if you make the carriage larger/smaller?

These are optional home challenges. Hopefully, these will keep you busy and smiling! Take lots of photos to show us and send them to Miss Sparkes on [Year2@vfs.endeavourschools.org](mailto:Year2@vfs.endeavourschools.org)